

FALL 2021

# CHILDREN & YOUTH DANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>I Like to Move It</b> 3:45 - 4:45 pm	<b>Tumble &amp; Play</b> 9:00 - 10:30 am  <b>Girl Power</b> 3:45 - 4:45 pm	<b>Tumble &amp; Play</b> 9:00 - 10:30 am  <b>After School Club</b> 3:15 - 4:30 pm	<b>Tumble &amp; Play</b> 9:00 - 10:30 am	<b>Intro Jazz/Ballet</b> 3:45 - 4:45 pm	

## School Age Programs

### I Like To Move It!

This is a fun class that will keep kids moving! With elements of athletic training, basic choreography and stretching, everyone is sure to have a great time!

**Ages 6 - 11**

**3:45 pm - 4:45 pm | Monday**

**Set 1 | Sept 13 - Oct 25 | 6 sessions | \$24**

*\*No class Oct 11*

**Set 2 | Nov 1 - Dec 13 | 7 sessions | \$28**

### Girl Power

This program incorporates a variety of fitness and choreography styles to help girls feel empowered!

**Ages 9 - 15**

**3:45 pm - 4:45 pm | Tuesday**

**Set 1 | Sept 14 - Oct 26 | 7 sessions | \$28**

**Set 2 | Nov 2 - Dec 14 | 7 sessions | \$28**

### Intro to Jazz & Ballet

Children will learn basic jazz and ballet techniques and choreography. They will create a fun routine combining both of the dance forms.

**Ages 6 - 10**

**3:45 pm - 4:45 pm | Friday**

**Set 1 | Sept 15 - Oct 27 | 7 sessions | \$28**

**Set 2 | Nov 3 - Dec 15 | 7 sessions | \$28**

### After School Club

Play games and hang out with friends! There will be free play activities, games, and a homework corner.

**Ages Kindergarten - Grade 7**

**3:15 pm - 4:30 pm | Wednesday**

**Sept 15 - Dec 15 | Register at least a week in advance**

*Every week except Sept 29 and Holidays*

**\$2/child**

### Tumble & Play

**Ages 1 - 5**

**9:00 am - 10:30 am | Tues, Wed & Thurs**

**Sept 14 - Dec 16**

**\$2 /child**

**Bring your little one out to our supervised free-play in the Civic Centre. Parents have the option of playing with their child(ren) or joining one of our morning fitness classes. Perfect for a rainy day!**

Pre-registration required.

All fitness & dance programs require registration and payment prior to start date.

Register before Sept 15 for 25% off!

All fitness & dance programs are located in the Civic Centre at Port Hardy Recreation.

### Do you want to teach a program?

Programs are often added as interest from the community builds. If you have an idea for a program that you would like us to offer, please let us know!

250.949.6686 | recreation@porthardy.ca

### Sorry, We Had to Cancel...

Sometimes really great programs with fabulous instructors get cancelled if we do not meet our minimum number of participants. Cancellation decisions are made 2 - 5 days prior to class start.

Please register early to avoid disappointment.